

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 7 am*** Sun Salutations	2	3 6:30-7:30 PM Flow 5 am Sun Salutations	4	5 6:30-7:30 PM Flow 5 am Sun Salutations	6	7 8:30 am Flow & Free Chanting 7 am*** Sun Salutations
8	9 5 am Sun Salutations	10 6:30-7:30 PM Flow	11 5 am Sun Salutations	12 6:30-7:30 PM Flow	13 5 am Sun Salutations	14 8:30 am Flow & Free Chanting
15 7 am*** Sun Salutations	16	17 6:30-7:30 PM Flow 5 am Sun Salutations	18	19 6:30-7:30 PM Flow 5 am Sun Salutations	20	21 8:30 am Flow & Free Chanting 7 am*** Sun Salutations
22	23 5 am Sun Salutations	24 6:30-7:30 PM Flow	25 5 am Sun Salutations	26 6:30-7:30 PM Flow	27 Energy Healing Event 6PM 5 am Sun Salutations	28 8:30 am Flow & Free Chanting